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A quote from Pope Francis:

“If God prefers humility it is not to debase us: humility is the necessary precondition for being lifted up again by Him, so as to experience the mercy that comes to fill our emptiness. The prayer of the arrogant does not reach God's heart, but the humility of the wretched opens it up. God has a predilection for the humble and, encountering a humble heart, He opens His own fully.”

-- General audience, June 1, 2016

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