News
EarthBeat



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September 10, 2019
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Take a moment to reflect on the photo.

Remember the earth whose skin you are:

red earth, black earth, yellow earth, white earth

brown earth, we are earth.

Remember the plants, trees, animal life who all have their

tribes, their families, their histories, too. Talk to them,

listen to them. The are alive poems.

To pray you open your whole self

To sky, to earth, to sun, to moon

To one whole voice that is you.

— Joy Harjo, first Native American Poet Laureate of the United States 2019, from "Remember" and "Eagle Poem"

Compassion is the love that recognizes and identifies with the preciousness of all that is lost and broken within ourselves and others.

— James Finley, Christian Meditation

Take a walk.

What do you observe, hear, smell, feel?

Special thanks for peaches and other favorite blessings

Season of Creation Daily

pause | reflect | act

Editor's note: *Season of Creation Daily is inspired by the Care for Our Common Home Ministry, Paulist Center Boston. To receive daily reflections by email, sign up*

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