



Photo used with permission | Moveast CCO | moveast.me

by Peter McLoughlin

[View Author Profile](#)

[Join the Conversation](#)

Send your thoughts to *Letters to the Editor*. [Learn more](#)

September 11, 2019

[Share on Bluesky](#)[Share on Facebook](#)[Share on Twitter](#)[Email to a friend](#)[Print](#)

Take a moment to reflect on the photo.

Let nothing disturb you.

Let nothing upset you.

Everything changes.

God alone is unchanging.

With patience all things are possible.

Whoever has God lacks nothing.

God alone is enough.

— **St. Teresa of Avila**

Where does your money go? Whom does it support?

[Better World Shopper](#) rates businesses on these criteria: human rights, the environment, animal protection, community involvement and social justice.

Season of Creation Daily

pause | reflect | act

Editor's note: [Season of Creation Daily](#) is inspired by the Care for Our Common Home Ministry, Paulist Center Boston. To receive daily reflections by email, [sign up here](#).

Advertisement

This story appears in the **Season of Creation Daily** feature series. [View the full series](#).