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A quote from Pope Francis:

"It is not enough to experience God's mercy in our lives. It is necessary for those who receive it also to be a sign and instrument for others. ... It is not a question of making great efforts or superhuman gestures. The Lord shows us a far easier path, made up of little gestures but which, in His eyes, have great value, to the point of saying that it is on these that we will be judged. ... Jesus says that every time we give something to eat to a hungry person and give something to drink to one who thirsts, we dress the naked and welcome the stranger, or we visit the sick or imprisoned, we do this also to Him. The church calls these gestures 'corporal works of mercy,' as they assist people in their material needs."

— General audience, Oct. 12, 2016

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