News
EarthBeat



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by Brenna Davis

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PAUSE

REFLECT

As we near the halfway point of our Lenten journey, today's scripture reminds us that God is merciful with the words:

"Even now, says the LORD,

return to me with your whole heart;

for I am gracious and merciful."

Joel 2:12-13

PRAY and FAST

How is God inviting you to return with your whole heart to your Lenten practice of fasting? Do you feel called to explore any new Lenten practices with regard to food and food waste?

Lenten Daily Food Reflections

pause | reflect | act

***Editor's note**: These daily reflections on food, faith, climate and our lives will provide spiritual sustenance for the Lenten journey. They are inspired by the Lenten Food Waste Fast at the Ignatian Solidarity Network.*

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This story appears in the **Lenten Daily Food Reflections** feature series. View the full series.