Spirituality



Michael Leach, left, speaks with Sr. Joan Chittister in an NCR livestream conversation on March 17. (YouTube screenshot)



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In this live conversation, the third of a series of four, Soul Seeing editor Michael Leach speaks with Benedictine Sr. Joan Chittister about Lenten spirituality.

Background reading:

- In her column on NCR, Chittister writes: "Lent is not about giving up our adult candy or immersing ourselves in pain. Lent is about being honest with ourselves, changing what needs to change in our lives, making our world a better place and growing into the Light."
- Soul Seeing, which is edited by Michael Leach, is a regular NCR column focused on spirituality and the "peace beyond all understanding." You can read all Soul Seeing columns here.
- You can also explore the archive of Soul Seeing columns for the Lenten season by clicking here.

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Mark your calendar for the last conversation in our Soul Seeing for Lent series:

- March 31 with Franciscan Fr. Richard Rohr

The conversation will be held at 2:30 Eastern/1:30 Central and will stream live on YouTube and Facebook. See you there!

Did you miss our earlier conversations? Mike spoke with Franciscan Fr. Daniel Horan on February 17 and theologian Natalia Imperatori-Lee on March 3.

This story appears in the **Soul Seeing for Lent** feature series. View the full series.