Spirituality
Pencil Preaching



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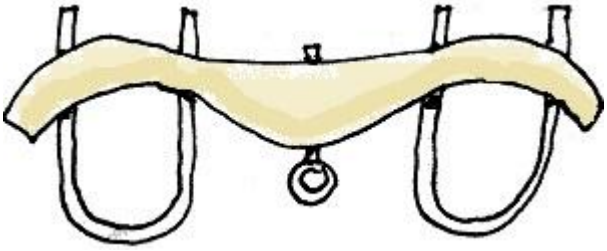

"For my yoke is easy, and my burden is light” (Matt 11:30).

Is 40:25-31; *Mt 11:28-30*

There is nothing we cannot accomplish in partnership with someone we trust. Jesus invites his disciples to get in the harness with him, which distributes the load and lightens the heart. We are in this together, and the kind of intimate friendship Jesus offers us is totally trustworthy.

How many pilgrims at the end of their strength and self-confidence have come to this truth? When we cannot take another step, Jesus is there -- has always been there -- ready to show us how to let go of our weariness, including our regrets about the past and anxieties about the future in order to simply live in the moment with him. Each day becomes an adventure, step by step taken with confidence that God

is truly in all things.

We live in the "Age of Anxiety" where everyone is in a hurry, running toward or away from something, fearful of the unknown and competing with others for life’s proposed rewards. Jesus says that there is another way to live, in which God makes even our difficulties and losses part of the larger mystery of God's plan for us. Don't be afraid. Step out into the light. Get up, show up, do your best, and God will provide the rest.