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John Caspar Wild painted "View of Cincinnati From Covington" in 1835, as the city was booming. (Wikimedia Commons/Google Art Project/Cincinnati Museum Center)



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Ten years after *Hillbilly Elegy* catapulted its author into public view, [JD Vance is publishing a new memoir](#), *Communion: Finding My Way Back to Faith*. The vice president explains the book as a sort of self-help guide for the spiritually lost: "By sharing my journey I might be helpful to others — Catholic, Protestant, or otherwise — who are seeking reconciliation with God."

Scheduled for publication in June 2026, "Communion" promises "an intimate account" of its author's religious journey. But the Catholicism to which Vance converted in Cincinnati in 2019 is quite unlike the evangelism he encountered in his childhood, famously described in *Hillbilly Elegy*.

As a [historian of religion in Appalachia and the Midwest](#), I find America's religious mosaic endlessly fascinating. Vance's journey from Protestantism, to atheism, to Catholicism, not to mention his [marriage to a Hindu woman](#), reflects the diversity of the United States.

My [own experiences](#) teaching in Vance's hometown of Middletown, Ohio, suggest that America's Midwestern communities, tarnished by "Rust Belt" stereotypes, are as dynamic and as changing as everywhere else — including in matters of faith.

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Nearby Cincinnati, where [Vance was confirmed](#) at a Dominican priory, is a case in point and a window into Catholicism's history in the American heartland. For more than a century, anti-Catholicism was a powerful force in culture and politics — yet, time and again, religious pluralism triumphed.

## Scots-Irish settlers

"To understand me, you must understand that I am a Scots-Irish hillbilly at heart," [Vance declared in his first memoir](#).

The Scots-Irish played [an outsized role in history](#). Initially, these Protestants were from Scotland, but they moved to Ireland in the 17th century. "[Planted](#)" by the [British Crown](#) as a form of colonization, these immigrants riled the Catholic majority whose lands they occupied.

Later, many crossed the Atlantic and settled the Colonial American backcountry. Their distinctive influence [shaped the "hillbilly" culture of Appalachia](#).

The faith of these settlers kindled a fervent Protestant piety, found in the [Great Revival](#) of the Ohio Valley frontier. In this early 19th-century rebirth of backcountry religion, traveling ministers preached a fiery Gospel of grace, stirring large crowds with their open-air sermons.

## Queen City

Boundaries between urban and rural America were always porous. [By 1830](#), a quarter of Ohio's 1 million inhabitants clustered in the state's southwestern corner. Cincinnati was the heart of this region: the "[Queen City](#)" of the United States' [expanding Western frontier](#).



Relics are seen at Old St. Mary's Catholic Church, which was established by German immigrants in 1840 and is the oldest church in continuous use in Cincinnati. (Wikimedia Commons/Nheyob)

It had become a hub of Catholic immigrants [from Germany and Ireland](#) — and a center for anti-Catholic preaching and anti-immigrant politics. In 1835, leading Protestant evangelist [Lyman Beecher famously denounced immigrants](#) "rushing in like the waters of the flood" and argued the Vatican and Catholic schools posed dangers for America.

Amid such prejudice, Protestant Irish Americans embraced the [term Scots-Irish](#) to distinguish their more established population from recent Catholic arrivals. Many of these Catholic newcomers, fleeing famine and persecution, were disparaged as [poor, illiterate and superstitious](#).

Yet despite alarmism and periodic violence, including [ethnic riots in 1855](#), Cincinnati's [sectarian relations were surprisingly pragmatic](#), shaped by a sense of shared civic endeavor. Protestants welcomed [the city's first Catholic church](#), for example, and often sent their children to the Catholic parochial schools. [Many converted to Catholicism](#), including wealthy philanthropists.

In 1837, Cincinnati's Catholic bishop, John Baptist Purcell, [debated Protestant preacher Alexander Campbell](#) on the merits of Catholic religion for several days before a crowded audience. Both debaters claimed victory, and proceeds from the published debates were evenly split between Catholic and Protestant charities in Cincinnati.

## **Changing country**

By the mid-19th century, the city's Catholics, while still a minority, were larger than any single Protestant denomination and [central to the cultural landscape](#).

At the time, Catholics represented only 5% of the U.S. population. That percentage would [triple by the turn of the century](#), due to immigration from Southern and Eastern Europe.



Onlookers participate in the 1911 National Eucharistic Congress in Cincinnati. (Wikimedia Commons/Cincinnati Public Library)

Anti-Catholic backlash [continued into the 20th century](#), along with other forms of religious prejudice. For example, the U.S. [Immigration Act of 1924](#) restricted immigration from parts of Europe heavily populated by Jews and Catholics. Animosity once focused on immigrants from Germany and Ireland shifted to those from Italy and Russia.

Bias against Catholics remained a robust force in Appalachian politics, too. Leading up to the 1960 Democratic primary, John F. Kennedy campaigned tirelessly in West Virginia, considered a tough arena for a Harvard-educated Catholic but critical to his electoral strategy. [His success in the Mountain State](#) defied the myth that a Catholic candidate could never win the White House.

## **Turn toward 'Communion'**

Southern Ohio, where Vance grew up and converted to Catholicism, is deeply Midwestern. But its heritage has been influenced by [the wave of workers who left](#)

[Appalachia](#) in the mid-20th century looking for jobs, including Vance's family.

**[Related:](#)** [JD Vance writes of journey to Catholicism in 'Communion,' his first book since 'Hillbilly Elegy'](#)

As Vance wrote in [a 2020 essay](#) for Lamp magazine, which addresses Catholic issues, his early ideas of Catholicism were negative ones — assuming, for example, that the church "rejected the legitimacy of Scripture."

As a young man, he drifted away from faith altogether. During his days at Yale Law School, however, Vance discovered a curiosity that drew him toward Catholicism, inspired by thinkers from Silicon Valley mogul Peter Thiel and French philosopher René Girard to [the fourth-century theologian St. Augustine](#).



U.S. Vice President JD Vance, second lady Usha Vance and their children, Ewan, Vivek and Mirabel, visit Notre Dame Cathedral in Paris Feb. 12, 2025. (OSV News/Leah Millis, pool via Reuters)

Vance wrote in his essay, "I often wonder what my grandmother" — a woman with Christian beliefs, but skepticism of institutional religion — "would have thought about her grandson becoming a Catholic."

Today, [one in five U.S. adults is Catholic](#), and another 9% consider themselves "cultural Catholics." America's prejudice toward their tradition has eroded. [Six out of nine Supreme Court justices](#) are Catholic, along with [28% of Congress](#).

In fact, Vance's new faith highlights a growing alliance between culturally conservative elements of American Catholicism and [America's religious right](#), dominated by conservative Protestants since its emergence in the 1970s.

Lately, this alignment has come under strain, in part reflecting American-born Pope Leo XIV's wariness toward U.S. policies, [such as the war in Iran](#). Nowhere have such spats been more ironic than in [Vance's rebuke](#) of the pope. After Leo remarked that Jesus' followers are "never on the side of those who once wielded the sword [and today drop bombs](#)," the vice president warned, "If you're going to opine on matters of theology, you've got to be careful."

It will be interesting to see how such tensions play out in years to come.

**[Related:](#)** [Vance questions the pope on just war theory hours after Leo honored its founder](#)