

Robert Ellsberg: Finding the holy in the ordinary -- Part 2

NCR Podcasts | Aug. 27, 2009



Robert Ellsberg

Episode 2: Being holy, being happy (19 min.)

Are saints more preoccupied with being happy than holy? Tom Fox asks Ellsberg. Well, he replies, you have to look carefully at what "holy" and "happy" means. Holy doesn't mean being perfect or superhuman. Holiness is "expressing your humanity in the deepest sense," Ellsberg says. And happiness isn't "feeling good." Happiness is "being centered and focused and balanced in the deepest sense."

body

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Finding the holy in the ordinary

Robert Ellsberg is publisher and editor in chief at Orbis Books, a division of Maryknoll. He became a Catholic in 1980, largely through the influence of Dorothy Day, while he was living at the Catholic Worker House in lower Manhattan. After studying theology at Harvard Divinity School he joined Orbis as editor in chief in 1987. He is married, has three children, and lives in Ossining, New York. He is the author of three books on saints, *All Saints*, *The Saint's Guide to Happiness* and *Blessed Among All Women*.

He has just completed editing the diaries (1934-1980) of Catholic Worker founder Dorothy Day and now is working on a collection of Day's letters.

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