

## O All-Nourishing Holy Abyss

Ed Hays | Sep. 3, 2009

Inside this visible world is another hidden world, the subatomic world. The term used to describe what happens inside this subatomic world is quantum vacuum. Amazingly, 90 percent of each atom is empty space, a vacuum. And the electrons and particles inside each atom appear to be whirling around as they come forth from ?nothingness,? only to again disappear back into it.



Brian Swimme, a mathematical cosmologist, explains this action as

?elementary particles crop up out of the vacuum itself ? that is simply an awesome discovery?that the base of the universe seethes with creativity.? He continues, ?I use ?all-nourishing abyss? as a way of pointing to this mystery that is the base of being.? Has Brian Swimme?s ?all-nourishing abyss? given to us a new wonder-soaked name for the Divine Mystery we so casually call God?

*Hidden within everything  
is a second energetic cosmos,  
all-nourishing wonder  
at the heart of all life.*

From *A Book of Wonders* by Ed Hays

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**Eden Language**

The ancients believed that before his fall from grace, the language Adam spoke was poetry. This old belief is bewitchingly interesting since it asks what mysterious bandit has robbed us of our daily poetic speech. Once, not that long ago, ordinary conversation was more colorfully charming since it was sprinkled with bits of rhyme, poetry and even snatches of Shakespeare. Does the contemporary demise of the poetic in daily life mean that Original Sin is intensifying since one effect of the garden fall was Adam losing his native tongue? Poems and poetic speech are magical. They possess the power to transport the far away to nearby and transform thinking into feeling. As has been said: "Long ago people could not only see but feel the stars because the sky was down where people could feel it." Poetry has beheading power, as Emily Dickinson said, "If I feel physically as if the top of my head were taken off, I know that is poetry! Is there any other way?"

*When I am blown away by a song's lyrics  
or my heart flips at a colorful phrase,  
may I thank Poetry for arousing in me  
that naked touch of paradise, and you.*

From *A Book of Wonders* by Ed Hays

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**Prayer action suggestion:**

Experience the depth of beauty this week. Visit a museum, listen to a concert, walk through a cathedral, read a poem, roll in the grass under a sunny sky. Better yet, invite someone else to share the beauty with you.

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