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"Beauty, wonder and belonging"

by Rich Heffern

NCR Today

"The best way to know God is to love many things," said the artist Vincent van Gogh. James Conlon's new book, *Beauty, Wonder and Belonging: A Book of Hours for the Monastery of the Cosmos*, is a book of prayer, meditation and reflection about the many things that we can love in the universe.

Conlon is director of Holy Names University's Sophia Center in Oakland, Calif. He is author of many books, including *From the Stars to the Street* and *At the Edge of Our Longing*. This new book invites readers to engage the rhythms of the day and of the seasons to explore the divine mystery in our lives and in our world. Bring to your prayer the curiosity of a child, the heart of a mystic and the voice of a prophet, Conlon counsels.

It is available from Wyndham Hall Press (orders@wyndhamhallpress.com) or at bookstores.

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