

## A Pilgrim's Companion Psalm

Ed Hays | Oct. 7, 2009

The road home, O God, seems long  
and at times is difficult and painful.

Grant me a holy communion, a companionship with others,  
as I journey homeward to you.

I live in times of great trial:  
an age of change sits at my door.



Without a community with others,

I can so easily lose the way,  
can be led astray by illusions of holiness,  
misguided by my ego's desires.

Open my eyes to your precious gift  
of the Church's Communion of Saints.

'Saint' is a name I would never call myself,  
but the treasury of my faith  
teaches me about my holy birthright,  
that I am part of the web of sacred communion,  
uniting me with all other home-bound pilgrims  
and with all who now rejoice  
at their homecoming in you.

May I feed this day upon the food  
of this mystic, holy communion  
with those friends and fellow pilgrims  
with whom I share this planet Earth,  
as well as those saints now fully one with you.

May this awareness of my companion journey  
with all the saints  
deepen my life of prayer  
and fertilize my faith in you, my Beloved.

By this communion of holy ones  
may I be daily challenged  
to greater compassion and charity  
as I walk the way of the pilgrim.

From *Prayers for a Planetary Pilgrim* by Ed Hays

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**Prayer action suggestion:**

What is the treasury of your faith? With whom do you share it? Find a way to widen your communion this week.

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