

The chubby Lord

Joshua J. McElwee | Feb. 1, 2010 NCR Today

Something struck me yesterday as I was studying the emaciated figure of Christ on the crucifix behind the altar at my parish: Had the story of the incarnation taken place 2,000 years later, in our own time, that figure of Jesus would almost undoubtedly be overweight.

Think about it. From the Gospel we know that Christ was an outcast who was economically impoverished. That means he probably ate only two types of food: cheap stuff and what was offered to him by the people he encountered on his journeys.

In his era the cheap stuff probably included lentils, beans and vegetables at market. In our era it mostly includes canned goods overpumped with sodium, juices which are mostly high fructose corn syrup and fast food sandwiches or hamburgers.

Even with all the exercise he did getting from place to place, I think it's fair to say the difference in diet may have had the Lord looking a little more filled in.

Perhaps that's just another sign of his solidarity with the trials of those who are forgotten by society.

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