

## Vietnamese Buddhist monk, Thich Nhat Hanh, interviewed

Thomas C. Fox | May. 24, 2010 NCR Today

Many NCR readers are familiar with Thich Nhat Hanh, the Vietnamese Buddhist monk, author, teacher and peace activist. Nhat Hanh currently lives in Plum Village, a Buddhist meditation practice center and monastery he founded in southern France. He travels regularly throughout North America and Europe to lecture and lead retreats on "the Art of Mindful Living." He was recently [interviewed](#) [1] about his life and work. You might enjoy what he had to say.

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[1] [http://www.huffingtonpost.com/marianne-schnall/beliefs-buddhism-exclusiv\\_b\\_577541.html?ir=Religion](http://www.huffingtonpost.com/marianne-schnall/beliefs-buddhism-exclusiv_b_577541.html?ir=Religion)