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Live each day with awareness

by Joyce Rupp

Eternal Dwelling Place,
I know all things are passing.
My final home is not here.
Yet I zoom mindlessly through my days
Missing the passionate gift of life.

How differently I would enter each day
If I embraced the shortness of my life span.
The things I consider inconveniences
Would have a different colored hue.
The work I feel driven to accomplish
Would pale beside relationships I cherish.
The irritations and the angers would dissolve
As I inhaled the preciousness of life.

Joyful Journeryer,
I hear you call to me this day:
"Behold! Enjoy! Appreciate!
Welcome all who enter this new day.
Live wild with rapturous wonder.

Look with awe and msile with elation.
Forgive those who stand at a distance.
Thank those who hae settled in your heart.
Be tender with the rough edges of yourself.

