

Former Beatle and family start campaign to target pollution, world hunger

Sharon Abercrombie | Feb. 14, 2012 Eco Catholic

Here's something worth considering for Lenten reading.

Former Beatle Sir Paul McCartney and his two daughters, Stella and Mary, have started [the Meat Free Monday campaign](#) [1], which addresses pollution, better health, the ethical treatment of animals and global hunger.

They have also contributed to a new cookbook, [The Meat Free Monday Cookbook](#) [2]. It features more than 300 seasonal vegetarian recipes. One of them appears in the March 2012 issue of [The Vegetarian Times](#) [3].

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Links:

[1] <http://www.meatfreemondays.com>

[2] <http://www.amazon.com/Meat-Free-Monday-Cookbook-Every/dp/1906868697>

[3] <http://www.vegetariantimes.com>