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Nicole Sotelo believes in the power of stories to transform lives. Her work has appeared in a range of media from *Celebration* liturgical magazine to the *New York Times*. She is the author of *Women Healing from Abuse: Meditations for Finding Peace* (Paulist Press) and she coordinates www.womenhealing.com [1], a resource for abused Catholic women. A graduate of Harvard Divinity School, she serves as a communications consultant for Catholic organizations.

She writes for NCR's Young Voices blog. [Sign up for our weekly email](#) [2] so you don't miss any new content.

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[1] <http://www.womenhealing.com>

[2]

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