

Philippine children exercise, awaken to the spirit

Thomas C. Fox | Nov. 14, 2013 NCR Today

I am attending a conference of women religious (AMOR) at the [St. Scholastica's Center for Spirituality](#) [1] in Tagaytay City, south of Manila. The women religious who run the center, the Missionary Benedictine Sisters of Tutzing, focus on the spiritual needs of those who come for retreats and spiritual learn. The center is a rich resource for Benedictine spirituality.

One morning this week while sitting in the lobby of the center I watched as several dozen children entered and were lead in a morning awakening [exercise](#). [2]

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Links:

[1] <http://www.ssc.edu.ph/sscweb/other%20links/sscs.html>

[2] http://youtu.be/_Q7HECV8s6w