

Published on *National Catholic Reporter* (<https://www.ncronline.org>)

November 22, 2013 at 9:16am

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## **Black Saints: Anthony of Alexandria**

NCR Today

Black Saints

### **Nov. 22 St. Anthony of Alexandria**

Did you know that a black African Catholic, Saint Anthony of Alexandria, is known as the patriarch of monks?

He was born at Aama, a village of Memphis, near Thebes. His parents were rich Christians. Shortly after inheriting his parents' fortune, he sold all of his vast fortune and gave the proceeds to the poor, sent his sister to a nunnery and retired to an old ruin of a tomb. He only ate every three or four days and spent his time at manual labor and prayer.

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### **More about Black Catholic history**

Blacks in Catholic Christianity have a long and vibrant history.

Much of that history is generally unknown to Black Catholics as well as to the rest of the faithful. On July 24, 1990, the National Black Catholic Clergy Caucus of the United States designated November as Black Catholic History Month to celebrate this long history and proud heritage of Black Catholics. During this month we celebrate the presence of our ancestors who kept the faith and are models of living the Gospel life.

November is Black Catholic History Month.

Sign up for our daily Black Catholic Saints email during the month of November to learn more about these holy men and women.

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