

Benedictine monk teaches MBA students meditation course

Tom Gallagher | Jun. 2, 2014 NCR Today

[Today's *Financial Times* has a short interview](#) [1] of a Benedictine monk, Laurence Freeman, who teaches meditation at Georgetown University's McDonough School, and is the director of the [World Community for Christian Meditation](#) [2]. Freeman explains that a calmer mind makes for a better leader.

You can read the interview at this link [here](#) [1].

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Links:

[1] <http://www.ft.com/intl/cms/s/2/f68cd1f2-d5f2-11e3-a239-00144feabdc0.html#axzz33UAzaWIB>

[2] <http://wccm-usa.org/>