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## **Benedictine monk teaches MBA students meditation course**

by Tom Gallagher

NCR Today

Today's *Financial Times* has a short interview of a Benedictine monk, Laurence Freeman, who teaches meditation at Georgetown University's McDonough School, and is the director of the World Community for Christian Meditation. Freeman explains that a calmer mind makes for a better leader.

You can read the interview at this link here.

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